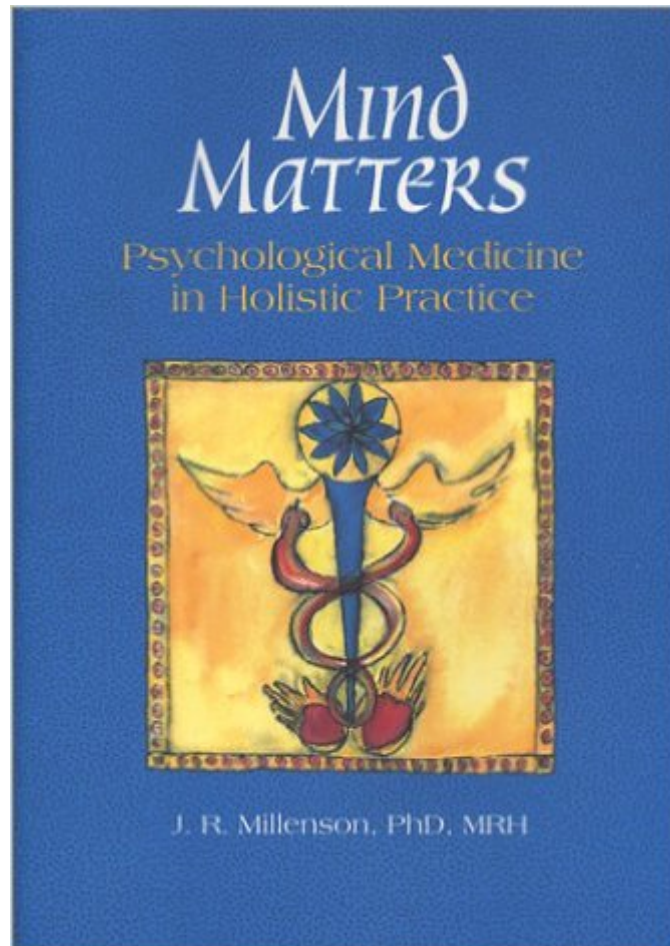


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# Mind Matters: Psychological Medicine In Holistic Practice



## Synopsis

This is an exploration of psychological medicine in holistic practice, written especially for students and practitioners of, and those with an interest in, alternative medicine. It is aimed at those wishing to look more deeply into the emotional and mental aspects of illness. The book weaves a balance between a scientific approach towards health psychology and humanistic conceptions of medicine as a healing art. It presents a rigorous exposition of the theory and practice of health psychology from the standpoint of natural medicine and sets the causes of illness into perspective from a multicausal, biopsychosocial point of view.

## Book Information

Perfect Paperback: 337 pages

Publisher: Eastland Pr (September 1995)

Language: English

ISBN-10: 0939616211

ISBN-13: 978-0939616213

Product Dimensions: 1 x 7.2 x 10.2 inches

Shipping Weight: 1.7 pounds

Average Customer Review: 3.5 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #452,144 in Books (See Top 100 in Books) #30 in [Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Holistic Medicine](#) #476 in [Books > Health, Fitness & Dieting > Alternative Medicine > Holistic](#) #846 in [Books > Textbooks > Medicine & Health Sciences > Medicine > General](#)

## Customer Reviews

This exhaustive review of the evolutionary changes in the healthcare industry is nonbiased and very readable. An excellent account of the impact of the outcomes movement, quality improvement and information science on how doctors will be treating patients for the foreseeable future. A must for all caregivers and useful for the rest of us seeking state of the art care for ourselves and our families. The author's background and review of recent historical changes provides for a great read.

there are some interesting ideas but overall I felt the book was outdated and dry. it was very hard to read.

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